

THINGS TO KNOW

LIMOGES,
CAPITAL OF THE
HAUTE-VIENNE
DEPARTMENT, one of
the 12 departments in
the Nouvelle Aquitaine
region

METROPOLITAN AREA OF LIMOGES:

208,000 residents

CITY OF LIMOGES:

135,000 residents

No. 4 city in the region
40% of the population is under 30 years of age

**NOUVELLE-
AQUITAINE
REGION,**
7th FRENCH
REGION in terms of
hosting foreign
students
(21,000 international
students)

Université de Limoges:

17,000 students

Including **2,300**
international students,
10 research centers, 8 doctorate schools,
480 international cooperation agreements

**LIMOGES RANKED AMONG FRENCH CITIES WHERE IT'S GOOD TO
LIVE AND STUDY** (awarded by L'Étudiant magazine) **WITH A GOOD SCORE FOR
THE QUALITY OF CAMPUS LIFE**

CAMPUS FRANCE

28 rue de la Grange aux Belles, 75010 PARIS - 01 40 40 58 58 - www.campusfrance.org

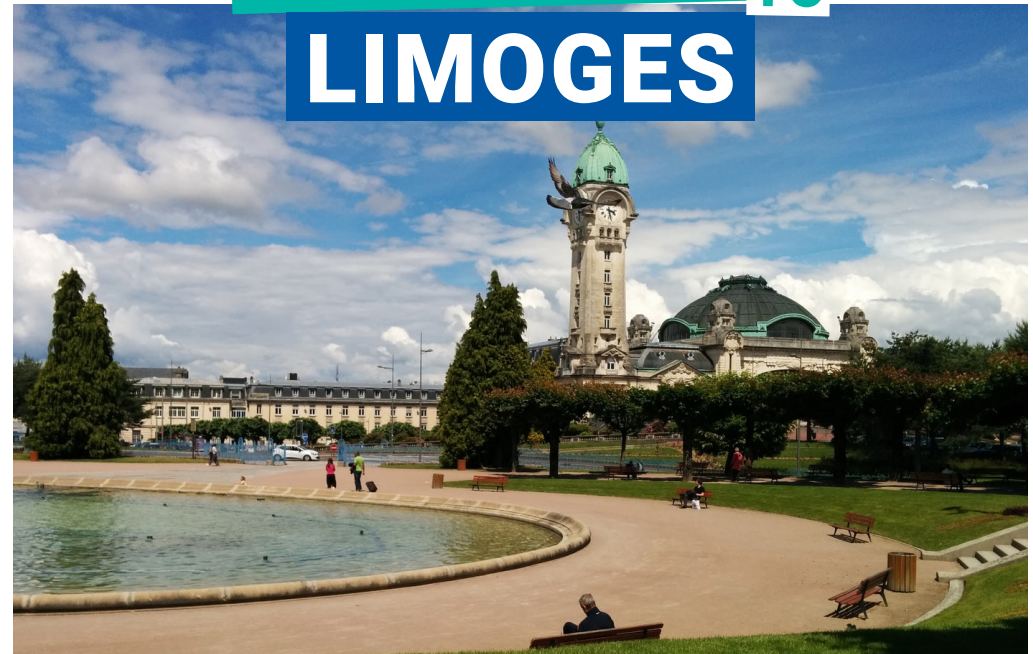


**EXPLORING
MY CITY**



Campus France will guide
you through your first steps in
France and **exploring**
Limoges, your new home.

**WELCOME TO
LIMOGES**



ARRIVING IN LIMOGES /

- ◆ **Personalized service at the international student office: Bureau d'Accueil International (BAI)**

The BAI of the Université de Limoges provides several services for international students, researchers and professors:

- **guidance for administrative procedures;**
- **accommodation assistance for students;**
- **comprehensive orientation services.**

Address: BAI, 88 rue du Pont Saint Martial, 87000 Limoges.

Hours: Monday to Friday, 9am to 12pm and 2:00pm to 5:00pm.

Contact : 05 55 14 90 85 ou 05 55 14 92 74 or accueil.international@unilim.fr

For more information, see the international portal of the Université de Limoges:

<https://www.unilim.fr> > international > venir à l'université > BAI

Researchers and PhD students receive special assistance from the BAI which is an affiliated member of the EURAXESS European network and the EURAXESS France association.

They provide assistance to mobile researchers from the European Union and third countries:

<https://www.unilim.fr> > international > venir à l'université > Enseignants, Chercheurs et Staff internationaux

◆ **Your Higher Learning Institution**

Depending on the institutions, university, school or faculty, two services can help you:

- International Relations Department (welcome and orientation office)

- the Admissions Department (enrollment and administrative procedures office).

Each campus at the Université de Limoges, has an international service with special advisers for the duration of your stay:

<https://www.unilim.fr> > international > Présentation > Mon contact international

◆ **National Services**

- students: www.etudiant.gouv.fr

- doctoral students, researchers:

<http://www.euraxess.fr/fr>

HOUSING IN LIMOGES /

In Limoges, there are numerous solutions for finding lodging: the housing park reserved for students and managed by the CROUS, student and private residences, and housing in private homes. What's most important is to take care of this as early as possible, before your arrival.

• **Université de Limoges international information portal** provides advice about finding accommodations: <https://www.unilim.fr> > international > venir à l'université > Étudiants et Doctorants internationaux > Avant l'arrivée > Trouver un logement

• **The CRIJ (Centre Régional d'Information Jeunesse)** publishes classified ads online: <http://www.crijlimousin.org/>

A FEW TIPS

◆ **For short-term lodging**

• Limoges does not have a youth hostel but you can contact the **Résidence Habitat Jeunes** (former Foyer des Jeunes Travailleurs).

Address and phone number: Résidence Varlin Pont Neuf, 32 rue de Fontbonne, 87000 Limoges, 05 55 06 45 90.

Site: <https://varlinpontneuf.fr> > logement jeunes

• **For other types of temporary accommodations, see the list of accommodations on the Limoges**

Visitor Center site:

<http://www.limoges-tourisme.com> > où dormir

◆ **Long-term housing**

• **The Limoges CROUS** (Centre Régional des Œuvres Universitaires - Regional Center for University Services) for **student housing**.

Address: Service administratif, 39 G rue Camille Guérin 87000 Limoges.

Hours: Monday to Friday, 8:30pm to 12pm and 1:30pm to 5pm.

Contact: 04 73 34 64 15 or contact@crous-limoges.fr

Site: <https://www.crous-limoges.fr> > le crous

On campus, the CROUS is also responsible for all low-cost food services (university restaurants, cafeterias, food-trucks, etc.)

• **Private Housing Platforms**

Try these sites:

- <https://www.adele.org>

- <https://www.immojeune.com>

- <https://www.location-etudiant.fr>

- <https://housinganywhere.com>

• There is also a **site managed by the CROUS, Lokaviz, which includes a listing of student accommodations in private homes:** <https://www.lokaviz.fr/>

• **Shared Leases:** consult *La Carte des Colocs*, a national site for shared leases that's free and simple to use: <https://www.lacartedescolocs.fr/>

• **Other solutions available on the Campus France site:** www.campusfrance.org > s'organiser > logement (> Getting organised > Accommodation)

◆ **If you need a guarantor to secure your lodging**

Visale is a new and free guarantor system: www.visale.fr

◆ **If you want to apply for the APL (Aide Personnalisée au Logement -personalized housing aid)**

The CAF (Caisse des Allocations Familiales - family allowances fund) is available to assess your rights: 08.10.29.29.29 or www.caf.fr

◆ **If you need housing adapted to your special needs**

Contact the CROUS Social Services which will take action with your institution.

Some establishments have specialized services for special-needs students (housing assistance and also transportation and tuition).

At the Université de Limoges, the Bureau d'Accueil et d'Accompagnement des Etudiants en situation de Handicap assists students with a disability throughout their studies: <https://www.unilim.fr> > vie pratique > Accueil et accompagnement > l'accompagnement du handicap

FIRST STEPS /

ENROLLMENT IN YOUR INSTITUTION

◆ **CVEC**

It is mandatory that you download proof of payment of the Contribution Vie Etudiante et de Campus (CVEC) – the student and campus life contribution fee before you can enroll in your institution.

- **Log in at:** <https://cvec.etudiant.gouv.fr/>

- **For additional information and special cases:**

<https://www.campusfrance.org> > s'organiser > CVEC

◆ **Confirm Registration**

Take note! Even if you have a pre-registration letter, you are not officially enrolled. You must validate your enrollment with the institution's Service de la Scolarité (Admissions) as soon as you arrive.

GETTING AROUND LIMOGES



Getting to Limoges:

take the train from Paris to Limoges-Bénédictins station (3 hours): <https://www.oui.sncf/>

Fly from Paris-Orly to Limoges Bellegarde international airport. Take a taxi from the airport to Limoges (about 15 km).

For more information about getting to the Université de Limoges: <https://www.unilim.fr> > international > venir à l'université > Etudiants et Doctorants internationaux > Avant l'arrivée > Arriver à Limoges



For getting around the city and suburbs, use the public transportation (bus and tramway) network managed by STCL for transportation in Limoges: <http://www.stcl.fr/>



There are regional trains for getting around the Nouvelle-Aquitaine region:

<https://www.ter.sncf.com/nouvelle-aquitaine> et pensez aussi aux bus pour voyager à petit prix: <https://fr.ouibus.com/> or <https://www.flixbus.fr/>



For carpooling, refer to the collaborative websites:

- <https://www.blablacar.fr>

- local: <https://www.idvroom.com/>



For greater independence, rent a **V'Lim**, the bicycle rental service for Limoges Métropole: <http://www.agglo-limoges.fr> > Mobilité > Vélo-VLIM

RESIDENCE PERMIT

◆ Information

• **At the international student office:** (BAI) of the Université de Limoges who will assist you with your application and explain procedures.

Address and phone number: 88 rue du Pont Saint Martial, 87000 Limoges, 05 55 14 90 85 / 92 74.

For more information, see the Université de Limoges international portal:

<https://www.unilim.fr> > international > venir à l'université de limoges > étudiants et doctorants internationaux > une fois sur place > titre de séjour

• **At the Préfecture de la Haute-Vienne (Limoges)**

Address: 12 rue des Combes, 87000 Limoges.
Information desk, **by appointment only:** Monday, Tuesday, Thursday and Friday 8.30am to 4pm.
Contact: 05 55 44 18 00.

Site: <http://www.haute-vienne.gouv.fr/>

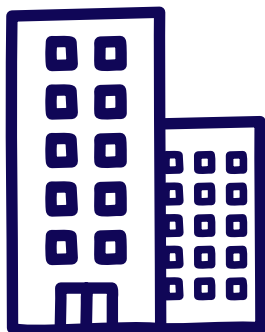
• **Learn more about your rights and obligations:**
www.service-public.fr > Etranger > Titre de séjour et document de circulation

GOOD TO KNOW

• **If you arrive in France with a VLS-TS long-term student visa:** you must validate it online within three months of arrival:
<https://administration-etrangers-en-france.interieur.gouv.fr>

• **If you are an Algerian national:** depending on your campus, your residence permit application is made at the Préfecture or with the Service des Relations Internationales at your campus.

Take note: to renew your residence permit, you must apply within two months prior to its expiry.



EVERYDAY LIFE /

OPENING A BANK ACCOUNT

If you stay in France for more than 3 months, it **will be much easier day-to-day if you open a bank account, online** or in one of the 100 bank agencies located in Limoges.

In France, opening a bank account is a right: www.service-public.fr > Argent > Comptes bancaires > Droit au compte (> Finances > Bank Accounts > Right to Open an Account)

HEALTH CARE

In France, receiving medical treatment is **practically free** but you must be insured. **As a result, signing up for medical insurance is mandatory.**

Connect to the site
<https://etudiant-etranger.ameli.fr> site to register, to understand your rights, and to take the necessary steps.

Learn more:

<https://www.campusfrance.org> > S'organiser > Santé

As a student, you can also take advantage of the university medical services. In these health services where consultations are free, you'll be greeted by a team of doctors, nurses, and social workers who can give personalized advice in terms of health and prevention.

This is the case for the Université of Limoges which has a health and prevention service: Service Universitaire de Médecine Préventive et de Promotion de la Santé (SUMPPS) on campus.

Address: SUMPPS, Campus Vanteaux, 39 J rue Camille Guérin, 87000 Limoges (take the no. 10 bus).

Hours: Monday to Friday, 8am to 12pm and from 1:00pm to 5:00pm.

Contact: 05 55 43 57 70 or sumpps@unilim.fr
Site: <https://www.unilim.fr> > vie pratique > vie à l'université > santé et prévention

INSURE YOUR HOME

In France, housing insurance is mandatory.

The "garantie risques locatifs" - rental risk guarantee - is housing insurance which you can subscribe with your bank or a private insurance company. Online subscription is also often possible.

Learn more:

<https://smerra.fr/>

www.assistance-etudiants.com

www.assurances-etudiants.com

EMERGENCY NUMBERS

SAMU: 15 Emergency Medical Services

Police emergency: 17 in the event of violence, theft, robbery.

Fire Department: 18, in the event of fire, gas leak, water damage, natural catastrophe, or traffic accident.

112 European emergency services number that's accessible from anywhere in the European Union in addition to the French numbers above.

LEARNING FRENCH

Learning French is an opportunity to be seized! Find what works best for you:

- by consulting the Campus France site or the Français Langue Etrangère (FLE) - French as a foreign language - centers and universities which offer courses at all levels year-round:

<http://ecolesdete.campusfrance.org>

- by asking in your institution, at city hall, or in your host city's Maison des Associations - community centers.

- by enrolling in lessons in French as a Second Language at the Université de Limoges:

<http://unilim.fr/FLE>

FINDING A JOB OR AN INTERNSHIP

2 addresses:

• **Jobs and internships:** The youth information service, Centre Régional d'Information Jeunesse Limousin has a classified ad site:

<http://www.crijlimousin.org> > travailler > nos offres d'emploi

• **Student jobs:** find a student job that's compatible with your studies on the CROUS **Jobaviz** site:

<http://www.jobaviz.fr/>

THINGS TO DO IN LIMOGES /

PLAYING A SPORT

In your school, you may also have free access to sports facilities. Contact your Sports Department.

At the Université de Limoges, the Universitaire des Activités Physiques et Sportives (SUAPS) department offers free sports activities for all levels of proficiency: <https://www.unilim.fr> > vie pratique > vie à l'université > sport

In Limoges, you can also find a sports activity among the sports disciplines offered by the city: <http://www.ville-limoges.fr> > sport

BE ACTIVE

Attend cultural and sporting events, or join a social or community group, through one of the numerous local or national student clubs and associations. To learn more, check with your school (Service de la vie étudiante, Student Services) or visit the following sites: www.animafac.net or www.letudiant.fr

At the Université de Limoges nationality-specific associations: <https://www.unilim.fr> > vie pratique > vie à l'université > les associations étudiantes



GAINING CULTURE AND PARTYING

Limoges offers many ways to cultivate yourself or party. Movie theaters, concerts, theaters, operas, museums, exhibitions, and festivals are on the program and most of the time, at reduced cost for students.

For more information:

<http://www.ville-limoges.fr> > culture festivités
or <http://www.limoges-tourisme.com> > Se-divertir

At the Université de Limoges, the cultural department programs events all year round and the Pass Vie Universitaire for student discounts: <https://www.unilim.fr> > vie pratique > vie à l'université > culture

For entertainment or to pick up some culture, in Limoges, there are:

- 3 multiplex cinemas, with several theaters (student rates, rewards card) including an arthouse cinema, le Lido.

- 10 major museums including the Cité des Métiers et des Arts with masterpieces by France's best craftsmen: <https://www.cma-limoges.com/>
- about 10 venues including the very active Opéra de Limoges.

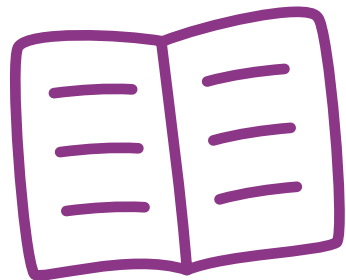
- about 10 bookshops including the Page et Plume bookshop in the historical city centre.

- a local network of 6 libraries headed by the Bibliothèque Francophone Multimédia in the city center which offers free access to a vast collection, for all ages and in all forms: <http://bfm.limoges.fr/>

In Limoges, for going out or staying abreast of events, read **the leading regional daily paper**, le Populaire du Centre, available in newsstands or on the Internet: <https://www.lepopulaire.fr/>

You can also check out the cultural agenda of the Limoges Visitor Centre:

<http://www.limoges-tourisme.com> > Agenda



MUST-SEE PLACES /

In 2008, Limoges, the capital of porcelain, was recognized for its art and history with the Ville d'Art et d'Histoire label.

- The Cité district, the oldest in Limoges.
- The Château district (la Ville Haute), a lively shopping precinct.
- The national museum Adrien-Dubouché - Cité de la céramique dedicated to ceramics with over 60,000 pieces
- Cathedral of Saint-Etienne which took six centuries to build.
- Musée des Beaux-Arts in the former episcopal palace, one of the region's most beautiful museums.
- Gare des Bénédictins, the world-renowned station built in the 20th century.
- Jardins de l'Evêché, tiered gardens with a view over the Vienne and the city.

Learn (and see) more:

- the Visitor Center site: <http://www.limoges-tourisme.com> > Découvrir > visiter Limoges
- See the Ville de Limoges website: <http://www.ville-limoges.fr> > Découvrir Limoges > ville d'Art et d'histoire



IMPORTANT ANNUAL EVENTS /

JANUARY

- Danse Emoi, a biennial contemporary festival with young choreographers and original creations.

MARCH

- Meet authors at Nouvelles Zébrures, a **literary event part of the Semaine de la langue française et de la francophonie**: <http://www.lesfrancophonies.fr> > Nouvelles-zebrures-9

MAY

- The Nuit Européenne des Musées (European Museum Night), an occasion to visit museums differently (and for free).
- Cavalcade de printemps - the spring carnival in the city streets.
- Tous at l'Opéra, open day with free entertainment, activities and shows.

JUNE

- Fête de la musique: music everywhere in town (free concerts).
- Fête des Ponts, the traditional festival in the Limoges bridge district with activities and entertainment on the land and water.
- Urbaka, free street art festival catering to all audiences.

JULY - AUGUST

- Les Cabarets d'été, outdoor concerts every Friday throughout summer, place Haute-Cité.

SEPTEMBER

- Les journées du patrimoine (Heritage days), free visits of cultural venues.
- Toques et Porcelaine, a festive event celebrating Limoges porcelain and gastronomy.

OCTOBER

- **An event for welcoming new international students at the Université de Limoges:** <https://www.unilim.fr> > Tous les événements (en bas à gauche) > Événements
- **Fête de la Science** in the University laboratories.

NOVEMBER

- Eclats d'Email jazz festival (student discount).

Learn more:

<http://www.limoges-tourisme.com> > Agenda > Grands événements



To stay informed, actively listen to others and the world, and share and dialogue with students, follow **social media** where Campus France has an especially strong presence!

Remember to sign up on the **France alumni** network to take part in discussion groups on various subjects, take advantage of cultural outings, and consult job and internship offers.

EXCHANGE & SHARE